



## USEFUL TO BRING

We want our patients to feel comfortable and at home during their stay at RiverVista. We suggest bringing:

- Patient's health insurance and prescription card and all pertinent information.
- Current medications including OTC meds and inhalers. If possible, these will be sent home after verification.
- Three sets of comfortable clothing including underwear and socks, several pairs of pajamas or nightwear, a sweater or jacket and one pair of comfortable slip-on shoes.
- Washers and dryers are available on the unit for washing clothes. No clothing should have strings or ties including shoes.
- Toiletries such as hair products (comb, brush), oral care (toothbrush, toothpaste alcohol-free mouthwash, denture cup and denture cleaner), eye care (contact lenses, cleaning solution, case, eyeglasses), non-aerosol deodorant, soap, lotions. RiverVista can supply some forgotten toiletries.

Patients may bring the following items, however they will stay in the personal belongings locker and will only be permitted for use during assigned times and under supervision:

- Electric razors
- Heated hair tools such as curling irons, hair dryers and straighteners
- Cosmetics
- Cigarettes (they will be kept at the RN station for use during breaks)



[rivervistahealth.com](http://rivervistahealth.com)

## DO NOT BRING

Upon admission, we ask that our patients surrender or not bring:

- Devices such as computers, iPads, Kindles, iPods or anything that can access the internet
- Radios, TVs, CD or tape players, handheld video games or recording devices
- Patients are permitted to travel with their cell phones, but they will be required to be checked at the nurses station during the stay.
- Items containing alcohol or illicit drugs
- Weapons, guns, knives, ammunition, scissors, sharp metal or glass objects. RiverVista reserves the right to determine if certain objects are considered weapons and therefore dangerous to patients or staff.
- Picture frames (pictures are permitted)
- Clothing items displaying logos of drugs or alcohol or images conveying drugs or alcohol
- Food and drink items
- Aerosol sprays, flammable liquids, lighters or matches
- Pornographic materials
- Rope, string or yarn
- Spiral or wire-bound notebooks
- Hosiery
- Nail polish, files or nail polish remover
- Heated hair tools, such as hair dryers or flat irons

## NOT PERMITTED

For the safety of all patients during their stay at RiverVista, the following items are not permitted in the hospital unit:

- Outside food, candy or gum
- Handheld video games
- Radio, TVs, CD players, tape players, PDA or laptops
- Glass, metal or hard plastic objects or containers
- Aerosol sprays or flammable liquids
- Lighters or matches
- Guns, knives, weapons, ammunitions

